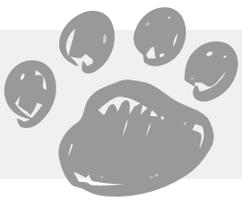




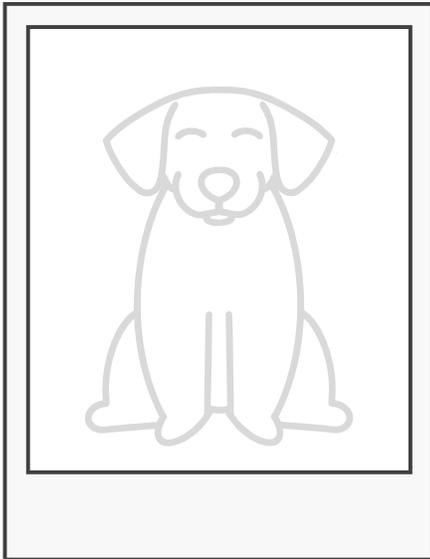
WELCOME HOME

Adopted Pet Planner



ABOUT MY DOG

Important Details



NAME:

DATE OF BIRTH:

GENDER:

COLOR:

EYES COLOR:

IDENTIFYING MARK:

ID TAG / CHIP #:

PERSONALITY: TRAITS:

MEDICAL INFORMATION

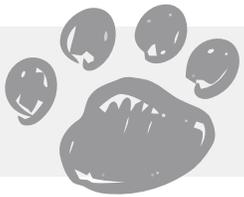
ALLERGIES	
EXISTING CONDITIONS	

OWNER INFORMATION

NAME	
CONTACT NUMBER	
EMAIL CONTACT	

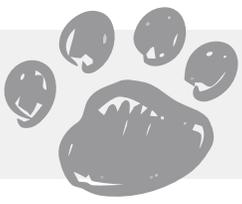
NOTES

ADOPTED PET PLANNER



1st WEEK HOME

Pet Routine Planner



MY PET ROUTINE

ESTABLISHING A SCHEDULE

While you might be eager to spoil your pet silly, it's important to remember that pets thrive when they understand the family dynamics, routine and boundaries. Below is an example of a schedule that prioritizes an "eat, potty, play, rest, repeat" routine. Create your own schedule on the next page.



6:00 am - 8:00 am
RISE & SHINE

Make sure to start your dog's day around the same time. Wake up, potty, eat breakfast should be the first 30 minutes of every morning. Playtime comes if time merits - make sure to create at least 30 mins of exercise (play or a short walk) if you leave for a workday.

12:00 pm - 2:00 pm
NAP TIME!



It is critical you are teaching your new pet confidence building. A designated time for rest, where they are alone in the crates/separate space away from you is important even if you are home. In addition, it ensures you are preventing overstimulation and "overtired" behaviors that often display as aggression. Barking or other attention seeking behaviors will worsen if you engage immediately. Offer their favorite snacks or a busy toy to keep them calm and quiet in their space.



6:00 pm - 8:00 pm
DINNER & A MOVIE

After dinner you want to start "winding down" your pet. Keep a schedule where after dinner, calm activities are done. No running or entertaining their hyper bouts. If necessary, keep them on a leash so they learn to stay by you, calmly, during these hours before bed.

8:00 am - 12:00 pm
AM PLAY & POTTY



To expedite housebreaking, you should take your pets to the bathroom area every 1-2 hours. Puppies can potty train in as little as 2 weeks and adults 3 days if strict with a schedule. During this time, do not allow pets any opportunity to form bad habits. Do not allow rough play, jumping/sleeping on furniture, chewing on inappropriate items. What you allow will continue.



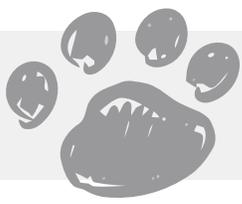
2:00 pm - 6:00 pm
PM PLAY & POTTY

After naptime, you want to make sure there is potty time as soon as they wake! Puppies or dogs needing weight gain can be offered a nice lunch. Continue to let your pet out every 1-2 hours until you are confident they are learning when they have to potty. Do not leave your pet unsupervised for any length of time until they are displaying repeated expected behaviors.

8:00 pm
NIGHTY NIGHT



Whatever time is bedtime, it should be consistent. If your pet has been winding down for a while, you will notice they may begin to put themselves to bed at night. Otherwise offer a small snack or a busy toy to keep them quiet (nothing salty or water filled). Cut water off at 6pm. When crate training, it's best not to engage once the crate has been shut for the night.



NEW PET ROUTINE

FAMILY SCHEDULE & TRAINING GOALS

EXAMPLE		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	6 a.m.							
WAKE UP + POTTY	7 a.m.							
BREAKFAST + PLAYTIME	8 a.m.							
SUPERVISED FREEDOM	9 a.m.							
POTTY & QUIET TOY	10 a.m.							
QUIET TIME	11 a.m.							
POTTY & PLAY	12 p.m.							
SUPERVISED FREEDOM	1 p.m.							
POTTY & PLAY	2 p.m.							
CAR RIDE/ KID PICKUP	3 p.m.							
LEASH TRAINING/ WALK	4 p.m.							
DINNER + PLAYTIME	5 p.m.							
SUPERVISED FREEDOM	6 p.m.							
POTTY & QUIET TOY	7 p.m.							
BED TIME	8 p.m.							
	9 p.m.							